

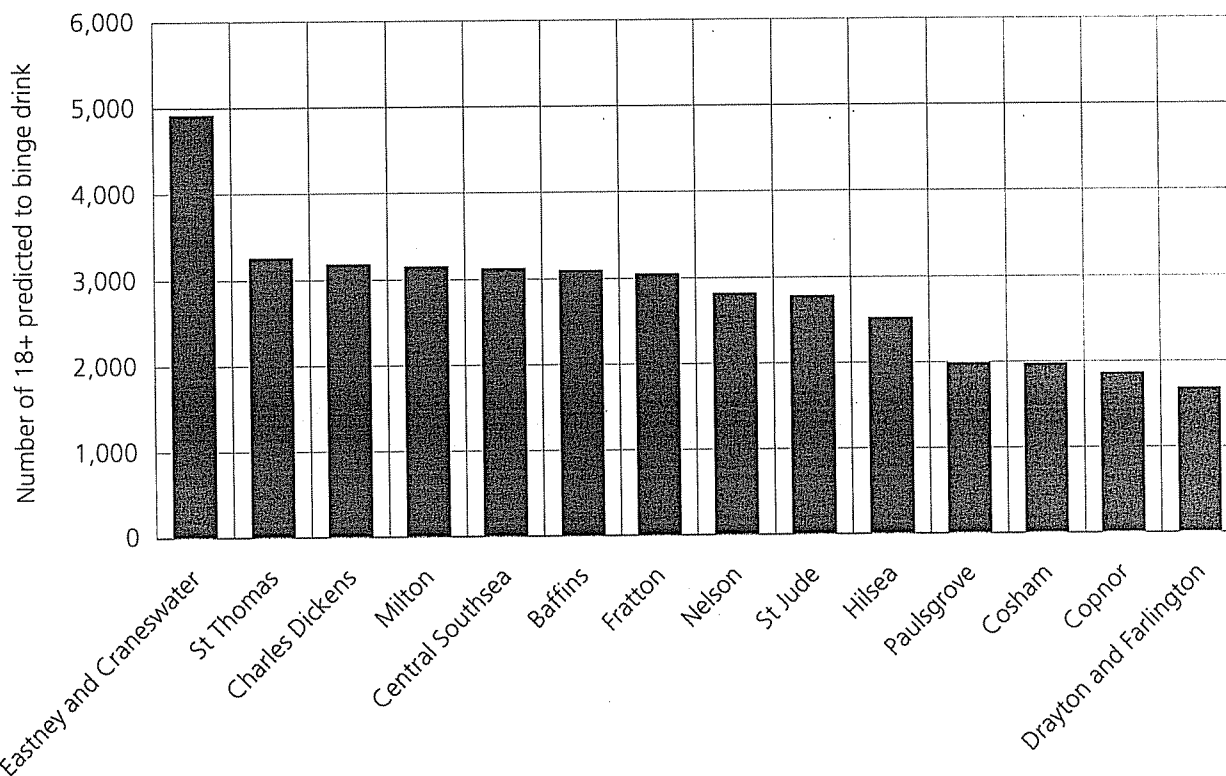
Table 24a

**Modelled and/or drinking behaviour. Number of persons aged 18 years and over who binge drink**

Excessive drinking increases your risk of heart disease or of having a stroke. It also means you are more likely to end up with cancer of the mouth, throat, liver or breast. Based on data from the 2005 Health and Lifestyle Survey, 25% of Portsmouth residents aged 18 years and over self-reported binge drinking. At electoral ward level the percentage of persons aged 18 and over binge drinking varied from 45% in Eastney and Craneswater to 16% in Drayton and Farlington. Applying these percentages to the population in 2009, there will be almost 40,000 persons aged 18 and over who binge drink.

Electoral ward	2005 H&LS % binge drinkers aged 18+	2009 Projected population aged 18+	2009 Projected number of binge drinkers aged 18+
Eastney and Craneswater	45%	10,942	4,924
St Thomas	26%	12,564	3,267
Charles Dickens	23%	13,842	3,184
Milton	29%	10,889	3,158
Central Southsea	26%	12,037	3,130
Baffins	27%	11,493	3,103
Fratton	28%	10,925	3,059
Nelson	25%	11,295	2,824
St Jude	27%	10,322	2,787
Hilsea	24%	10,528	2,527
Paulsgrove	19%	10,486	1,992
Cosham	19%	10,419	1,980
Copnor	18%	10,372	1,867
Drayton and Farlington	16%	10,565	1,690
Portsmouth	25%	156,679	39,170

2009 Projected number of binge drinkers aged 18+



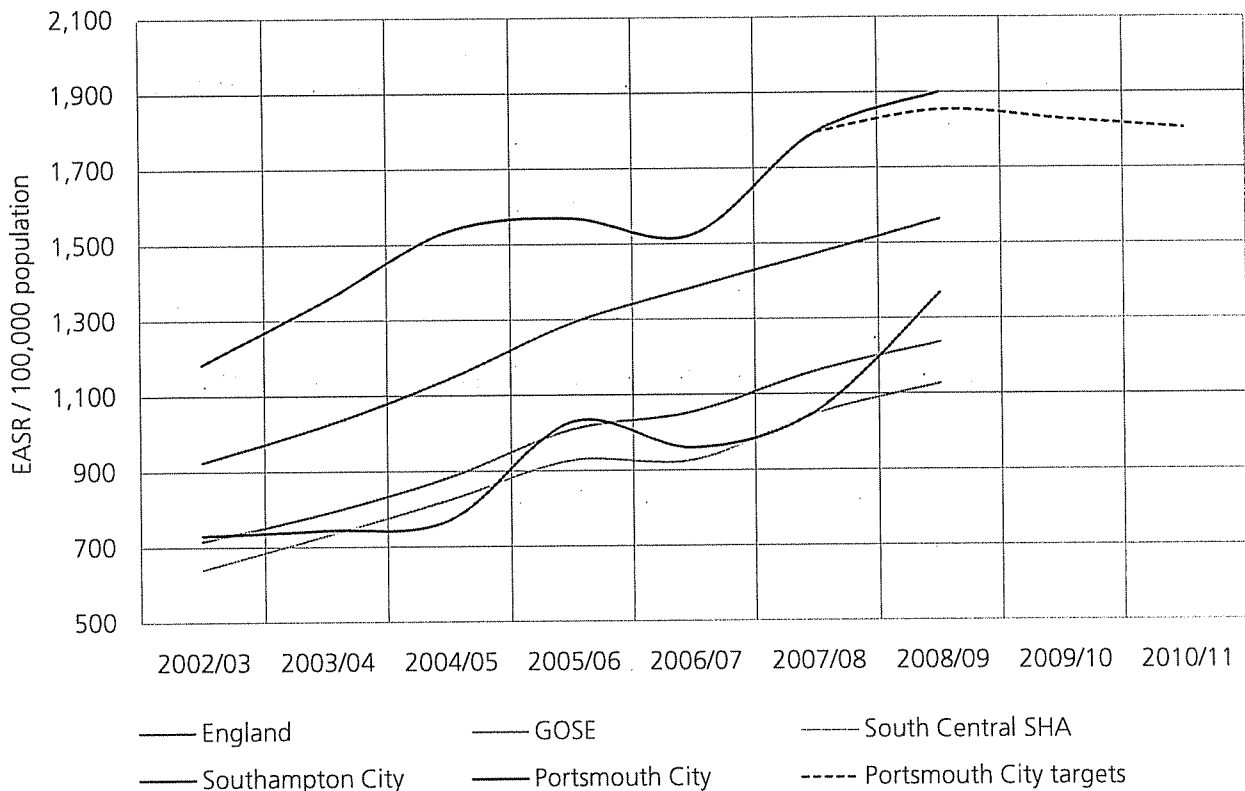
Sources: Health & Lifestyle Survey 2005 & Hampshire County Council 2008-based small area population forecasts, projected for 2009.

Table 24b

**Alcohol-related hospital admission rate per 100,000 population, Portsmouth City tPCT, 2002/03–2010/11**

Alcohol-related admissions give a measure of the amount of harm to physical and mental health that alcohol misuse is causing. In Portsmouth rates of alcohol-related hospital admissions have increased from 1,184 per 100,000 population in 2002/03 to 1,899 per 100,000 total population in 2008/09, an increase of 60%.

	2002/03	2003/04	2004/05	2005/06	2006/07	2007/08 baseline	2008/09 prev.	2009/10	2010/11 target
<b>England</b>	925	1,022	1,144	1,290	1,384	1,473	1,562		
<b>GOSE</b>	717	789	884	1,009	1,055	1,161	1,236		
<b>South Central SHA</b>	641	730	824	928	927	1,049	1,127		
<b>Southampton</b>	731	744	771	1,030	959	1,055	1,367		
<b>Portsmouth</b>	1,184	1,352	1,535	1,568	1,524	1,794	1,899		
<b>Portsmouth targets</b>						<b>1,794</b>	<b>1,853</b>	<b>1,828</b>	<b>1,804</b>



Lifestyle risk factors

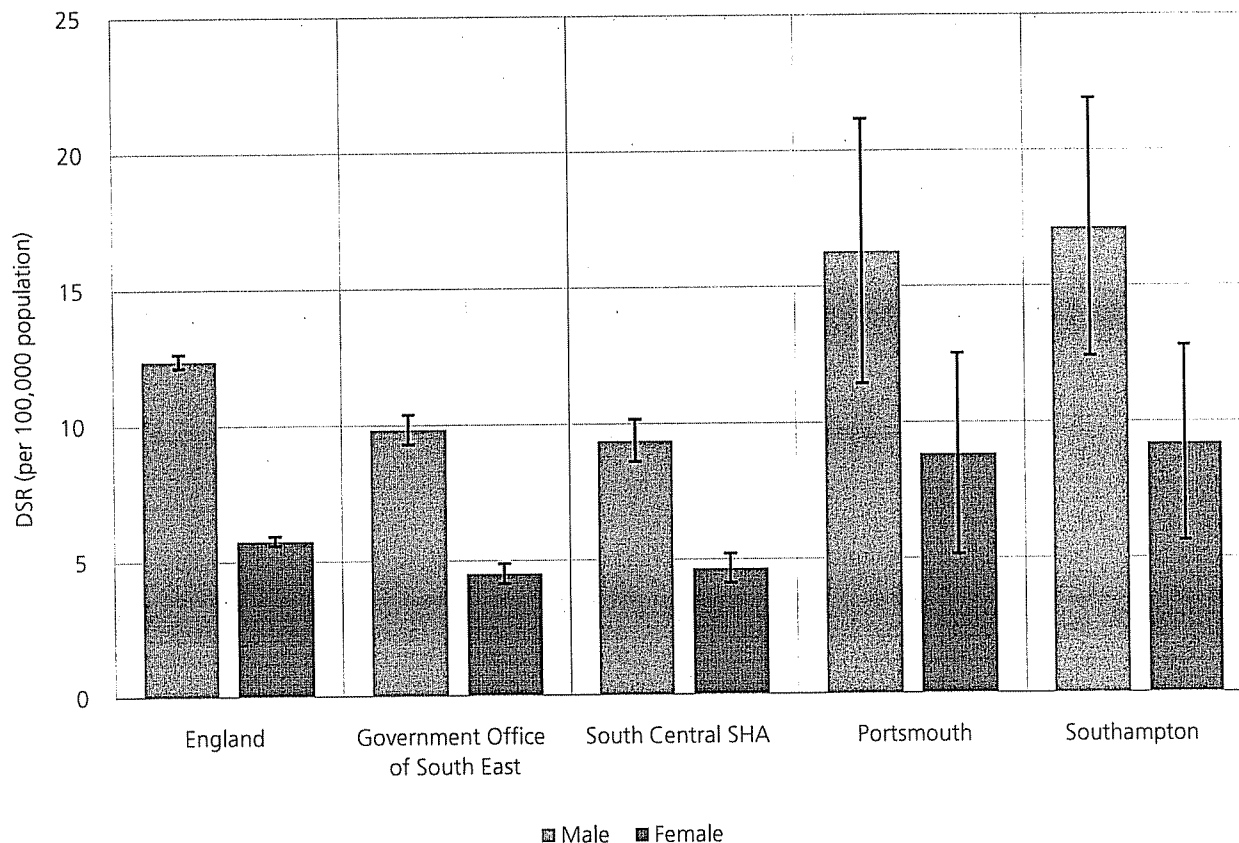
Table 24c

**Alcohol Specific mortality**

The figures below show alcohol-specific mortality in comparison with England, GOSE, South Central Strategic Health Authority and Southampton. In the bar chart Portsmouth men and women barely compare, but when you look at the actual numbers dying annually it is 44 for men and 23 for females.

Local authority	Male			Number of male deaths from alcohol-specific conditions
	Male mortality from alcohol-specific conditions—DSR per 100,000 population	Lower 95% CI	Upper 95% CI	
England	12.4	12.1	12.6	9,541
Government Office of South East	9.8	9.3	10.4	1,268
South Central SHA	9.4	8.6	10.1	574
Portsmouth	16.3	11.4	21.2	44
Southampton	17.2	12.4	21.9	51

Local authority	Female			Number of female deaths from alcohol-specific conditions
	Female mortality from alcohol-specific conditions—DSR per 100,000 population	Lower 95% CI	Upper 95% CI	
England	5.8	5.6	5.9	4,612
Government Office of South East	4.5	4.1	4.9	613
South Central SHA	4.7	4.1	5.2	296
Portsmouth	8.8	5.1	12.5	23
Southampton	9.2	5.6	12.8	26



Source: North West Public Health Observatory (NWPHO)